

Encontrar as medidas certas

O primeiro passo a dar quando queremos comprar o soutien certo é perceber quais são as nossas medidas.

Para aferir o tamanho do soutien, deve passar uma fita métrica à volta do torax, imediatamente abaixo do peito.

As medidas internacionais seguem uma escala que começa nos 65 centimetros e vai até aos 120, sempre de cinco em cinco centimetros. Estas medidas implicam uma tolerência de dois centimetros. Ou seja, se medir 72 centimetros, o seu tamanho é o 70 mas se medir 73 centimetros o seu número passa a ser o 75.

Depois é necessário determinar o tamanho da copa. Passe a fita métrica à volta do torso, por baixo dos braços e à altura do mamilo. A diferençia em centimetros entre esta medida e o tamanho de soutien indicará a copa apropriada para si. Se a dieferenca for entre 12 e 14 centimetros, significa que a sua copa é a A; 14 a 16 centimetros de diferenca correspondem à copa B; a copa C é adequada quando a diferença é entre publicity-never showed, jewelleries and old packings and 16 e 18 centimetros; finalmento, quando a diferença é entre 18 e 20 centimetros, a copa D será a mais apropriada. Se as The topics are as different as the used medien but suas medidas forem intermédias, experimenta a copa abaixo nevertheless it could be further a good group exhibition - but e acima para ver qual é a mais confortável.

Escolher o soutien certo é dar um passo em direcção a uma vida com mais qualidade.

Today I am a foreigner in a more or less foreign country. Tomorrow I could be a chá de ervas but that's another story. Portugal is a leisurely place and Porto has warm days.

I am sitting on a chair and in front of me my old home town computer. Some people are laughing at him. With 6 years you are old in that buisness. Outside it's sunday. The sky is covered with clowds and the air is filled by little humid drips.

It's not raining, no fork, but it's in any kind of way a humid affair. The hairs are cold, outside it's 23° and my sweater is doing good work - it's a place with character - I like it.

I am a member of the curatorschool VIA/berlin. Among of a lot of other things our job is to value artprojects. It's a kind of exercise we have to do more or less voluntary. We don't get money for it, we are in this way indipendent. Some of this written stories appear in artmagazines, others in exhibitions the curatorschool makes. So today I am in Porto 2003. There are some interesting locations to visite.

The very beautiful Museum Serralves with Park and Teahouse. A street with lots of galeries, an alternative artspace with the name "maus hábitos" and at least the special places you have to look for your own.

Today may job will be to visit "maus hábitos", situated on the top of a multistorey carpark. The size is 700m² - beautiful place, a combination between bar, café and culture-center. Not at all usual. On friday they have opened a exhibition. Before, they invited 60 people for a dinner. It was a kind of buffet with self-service. I inherited the aversion against buffets

of my father but the problem is probably less the buffet but more my own incapacity to fight for food. I am not fat but nevertheless I think that I can survive more then two days without foot and if you have a buffet it's always the same. The people are hungry and if the buffet is starting they run for gold. This kind of species of human being who are refusing punishes the live.

No - I think a dinner in company is one of the most beautiful happenings I ever participate. It's an expression for a particular incident, it's a celebration for the brain, for the belly, for the feelings. It's an occaision to make conversation, to argue, to become acquainted with your neighbours.

A buffet for desserts we can discuss, a buffet in general is a invention of a superficial world, demands no courage of the cookers and remains to a past, which was once upon a time important.

Like everywhere: I have seen exceptions but

The exhibition itself.

For a critiscm it would be a difficult work. The reason is not the exhibition itself but it's the idea of the frame maus habitus. First of all it's open for a lot of different culture projects.

Second: It has besides the beautiful, big space and the crowds of young vistors no support.

Third. The high frequence of exibitions and performance combined with the first two points illustrate the problem with exhaustible supplies.

9 artists are coming together. They want to show their work and that's the only connection they have. Some drawings, some paintings, some fotos, an installation, a work in process, wrappings.

unfortunately it's only an attempt more.

Perhaps with two exceptions. The old packages concerned to raise a discussion about time, fashion and transition.

Texto: Joana Stichini Vilela And an proper installation with milky boastes, made like a curtain of a shower......

> But I am touched by the space, by some people who are working there. I am not touched by the exhibition, so this lines are more the facescloth then an interesting attempt.